

## **Public Speaking**

10 days to More Confident Self in English

Day 1

Getting Started: Overcoming your fear

Day 2

Create a great presentation

Day 3

Relating to your audience

Day 4

Remembering what you have said

Day 5

Say it with style (Body Language)

Day 6

Language and ethics

Day 7

Expect the unexpected

Day 8

Special techniques

Day 9

Behind the scene: building your confidence

**Day 10** 

Ending your speech with a bang